



Aspire Health Overview

Aspire Health is the country’s leading non-hospice, home-based palliative care provider. Aspire focuses improving quality of life for patients living with serious illness. We offer a combination of medical, social, emotional and practical support that a patient would not receive from a primary care physician, specialist or hospice.

Palliative care includes:

- Education about the illness
- Advising the patient what to expect from the illness
- Explanation of treatment options
- Development and management of specific treatment goals
- Guidance on completing advance care directives

Palliative care is designed to help the patient:

- Make informed choices
- Improve quality of life while living with the illness

Palliative care often is confused with hospice care. Hospice care is end-of-life care. While palliative care can lead to hospice, palliative care is a specialized treatment modality focused on symptom management. It is appropriate at any stage of illness, from early onset to advanced-stage illness. It can be provided as standalone care, or in coordination with the patient’s normal curative treatment.

For more information, please contact:

Amy Lung
National Sr. General Manager, Aspire Health
amy.lung@aspirehealthcare.com

